# Sally Albrecht, M. A.

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## Education:

Bachelor of Arts, summa cum laude, and Master's Degree in Cognitive Psychology, Applied Cognitive Aging, University of Akron, Akron, Ohio. Graduate Certificate in Gerontology. Undergraduate Certificate in Public Administration. Completed course work for Ph.D. in Applied Cognitive Aging. MRDD Certification. Bachelor's of Science in Public Administration.

# **Employment History:**

# Present

<u>A.I.D., Training - Activities and Interventions for Dementia/MR/DD:</u> 10/97 to present Position: Owner/Consultant in Cognitive Aging Phone: 330-723-8838

To Verify: Visit www.dementia-help.com

Responsibilities: Delivery of human services/cognitive healthcare/service coordination. Continuing education training programs for staff employed by the aging and mr/dd systems in the state of Ohio. Design and production of training programs, activities, interventions and services for older adults with dementia and individuals with mrdd. Online sales of personal publications, training of lay and professional caregivers for older adults with dementia and individuals with MR/DD, behavioral planning and interventions.

Red Rose Enterprises, LLC: 1993 to present

Position: Owner

Phone: 330-722-4041

To Verify: Visit <u>www.redrosecleaning.com</u>

Responsibilities: Manage/operate residential cleaning service supervising 15 parttime staff. Involves recruitment, selection, training and retention of staff; billing, scheduling/dispatching, advertising, payroll, accounting – total operations.

Lorain County Community College: 8/02 to present Position: College Professor To Verify: Dorinda Smith, Ph.D. Phone: 440-366-7226 Responsibilities: Teaching of psychology classes.

# **Previous Experience**

Medina County Board of Mental Retardation and Developmental Disabilities: 3/00 to 10/02

Position: Behavior Support, Specialist/Psychological Assistant To Verify: Sue Barnes, 330-725-7751

Responsibilities: Behavior management programming for individuals with severe emotional, cognitive, and behavioral handicaps; assessments/evaluations, staff training; committee review responsibilities; counseling; social skills/problem solving/anger management training; and crisis intervention.

Grand Manner, Inc./ Phoenix Residential Services: 5/99 to 10/00

Position: House Manager/Program Director/QMRP

To Verify: Sibby Linden, 440-428-9082

Responsibilities: Delivery of human services/public health/service coordination. Management of total operations of ICF/MR containing ten older adults with MR/DD in Walton Hills, Ohio. Recruitment, selection, training and evaluation of all staffing needs. Total management of employee, community and family relations, design, direction and assessment of all IHP programming of residents, and knowledge of all certification regulations. Behavioral and healthcare management. QMRP responsibilities.

<u>The University of Akron:</u> 9/94 to 5/99. Position: Instructor To Verify: Martin D. Murphy, Ph.D. Phone: 330-972-8374 Responsibilities: Taught Lab of Experimental Psychology, Developmental Psychology, and Cognitive Psychology. Served as Assistant for Institute for Life-Span Development and Gerontology. Designed and implemented laboratory experiments and lectures for University Undergraduate Psychology Classes. Management of Institute's daily affairs, including administrative functions, meeting planning, and recruitment and maintenance of students in gerontology classes. Conducted research projects, workshops, and speaking engagements.

# Personal References:

Martin Murphy, Ph.D., Professor, University of Akron, Akron, Ohio, #330-972-7384. Cindy Holland, M.S., Holland Consultants, #330-336-1906 Jay Mitzel, MCBMRDD, #330-239-2100 Dorinda Smith, LCCC, #800-995-5222 #7226 Steve Belovich, Ph.D., President, IQ Ware, 330-659-6300.

### Awards:

#### Honor Societies, Scholarships, Awards

Psi Chi National Honor Society in Psychology
Phi Sigma Alpha National Honor Society
Golden Key National Honor Society
Sigma Phi Omega National Honor Society
Wilson, Ross and Helena - Akron, Ohio
Junior Women's Civic Club- Akron, Ohio
University of Akron Foundation - Akron, Ohio
Tri-C Foundation - Parma, Ohio
Graduate Scholarship and Assistantship: 1994-1995, 1995-1996, 1996-1997, 1997-1998, 1998-1999.
The Mayor of Indianapolis Proclaimed May 25, 1988 as "Sally Miller Day" in
recognition of my commitment to and volunteer hours in the formation of a state chapter of the National Tuberous Sclerosis Association.

National Psi Chi/J. P. Guilford Undergraduate Research Award Honorable Mention for Honor's Project paper entitled: Tuberous Sclerosis Complex: An Analysis of Behaviors, Seizures and Medication: Part I: Autism.

Winner of the Ohio Research Fellowship Award for 1998 from the Ohio Research Council on Aging - April 3, 1998.

### **Activities**

<u>TSA of Ohio/Tuberous Sclerosis Alliance fka National Tuberous Sclerosis Association,</u> <u>Inc. (NTSA):</u> 5/89 – 5/03. Positions held: Board of Directors, Volunteer Coordinator, Exhibit Coordinator, State Representative Volunteer, Program Coordinator, Ohio State Facilitator, fund raiser and grant writer.

<u>Gerontology Association, University of Akron</u> - Former President and Secretary - 1995 to 1997. Fund raiser and grant writer.

<u>Hands Across Medina County Foundation, Medina, Ohio</u> - Former Trustee - 1996 to 1998. Fund raiser and grant writer.

Past Contributing Editor for the Helping Hands Newsletter, Medina, Ohio - 1996 to 1998.

Elderhostel, University of Akron - Assistant Coordinator in 1995.

Normandy Park Condo Association - Secretary of Board of Directors from 1992 - 2001.

Board of Zoning Appeals for Montville Township, Ohio – Chair, 1/01 to 12/31/11

Trustee, Montville Township Ohio From 1/1/2012 for four years.

<u>American Journal of Alzheimer's Disease and Other Dementias</u> - Editorial Board Member – 2002 to present.

Human Rights Committee – Walton House, Cuyahoga County Board of MRDD – 1999 to 2002.

<u>Medina County Creative House Board</u> – Vice Chair, March, 2003 to March, 2005. Fund raiser.

### **Publications:**

Kubeck, J. E. & Miller-Albrecht, S. A. (1999). Age differences in information search methods, <u>Educational Gerontology.</u>

Miller, S. A., Murphy, M., and Haude, R. H. (1995) . Parents report of DPT seizure reactions in individuals with tuberous sclerosis complex. Unreviewed Technical Report.

Miller-Albrecht, S. A. (1997). Senior new on campus. Helping Hands Newsletter.

Miller-Albrecht, S. A. (1997). Safe return program - Alzheimer's Association. <u>Helping Hands Newsletter.</u>

Miller-Albrecht, S. A. (1997). Older adults learn to surf the web. <u>Helping Hands</u> <u>Newsletter.</u>

Miller-Albrecht, S. A. (1997). Prospective memory. Helping Hands Newsletter.

Albrecht, S. A. (1998, 1999, 2003). Managing dementia: Improving quality of life for older adults with dementia. <u>A.I.D., Inc.</u>, Medina, Ohio.

Albrecht, S. (2002). Caregiving is an age normative event. <u>American Journal of</u> <u>Alzheimer's Disease and Other Dementias</u>, March/April, 2002.

Holland, C. & Albrecht, S. (2004). Multi-sensory Activities for Older Adults with Dementia. <u>Activities Directors Quarterly.</u>

Albrecht, S. (2004) Cognitive activities for older adults with dementia. <u>Activities</u> <u>Directors' Quarterly.</u>

Albrecht, S. (2002) Standard memory techniques and new cognitive interventions. <u>Activities Directors' Quarterly.</u>

Holland, C., Vaillincourt, D., & Albrecht, S. (2002). Snoezelen: Multi-Sensory Environments. <u>Activities Directors' Quarterly.</u>

Albrecht, S. (1998, 1999, 2003). Managing dementia: Improving quality of life for older adults with dementia. AID, Medina, Ohio.

Albrecht, S. (2005). Effective communication techniques for people with dementia. <u>Activities Directors' Quarterly.</u>

Holland, C. & Albrecht, S. (2005) Complementary Therapies. <u>Activities</u> <u>Directors' Quarterly.</u>

Albrecht, S. (2006). Letters to my Sisters: An Alzheimer's Journal by Patricia M. Thompson; Reviewed by Sally Albrecht, M.A., <u>American Journal of Alzheimer's Disease</u> and other Dementias, Vol 21, Number 1.

Albrecht, S. and Erhard, S. (2011). Unraveling the mystery of Reiki. <u>Activities</u> <u>Directors' Quarterly for Alzheimer's & Other Dementia Patients.</u> Vol. 10, No. 4.

Albrecht, S. (2011). Activity development in dementia due to Alzheimer's disease. <u>Activities Directors' Quarterly for Alzheimer's & Other Dementia Patients</u>, Vol. 11, Number 1.

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